

1st October 2020

Dear parent / carer

#HELLOWYELLOW WORLD MENTAL HEALTH DAY

On Friday 9th October, the day before World Mental Health Day, Astrea Academy Woodfields will be raising funds to support the work of mental health charity YoungMinds by encouraging our staff and students to join in with the #HellowYellow initiative. Students will be encouraged to join in with the “Let’s Brighten up a School Day” fundraiser by making a voluntary donation of £1 having worn an appropriate yellow *accessory, yellow footwear, or a single item of yellow **clothing in place of their regular academy uniform.

In the lead up to Friday 9th October, students will also be encouraged to take part in the #HellowYellow Challenge which highlights and reinforces positive attitudes and behaviours towards mental health. For more information on YoungMinds please click on the following link: <https://youngminds.org.uk/>

“Lockdown is having a devastating effect on children and young people’s mental health. It’s been unbelievably hard, but together, we can make a difference and show young people they are not alone”.

(YoungMinds)

If you have any questions about #HellowYellow or wish to discuss your child’s mental health, in the first instance please direct your query to their respective Pastoral Leader, details of which can be found below:

Year 7 Miss D Duncanson

Year 8 Ms J Renshaw

Year 9 Ms H Sowden

Year 10 Mrs K Shay

Year 11 Mr K Cooper

Thank you for your ongoing support to the academy.

Yours sincerely,



Adam Atkinson

Principal

*Permitted accessories include scarves, hats, ties, hair bands and wrist bands.

**Permitted clothes include t-shirts, jumpers, trousers, and socks.