



## Astrea Academy Woodfields Sixth Form

### Head of Sixth Form: Miss J Bain

Sixth Form study is a crucial part not only for a student's education but also their personal and professional development. At Astrea Academy Woodfields, Sixth Form students will learn to value family, community, education and their own contribution to the whole academy, the wider world and the environment.

Students will learn to be ambassadors of the trust and the Academy, making positive contributions to the life of the school and those around them. Sixth Form students will have high expectations of themselves, a drive for excellence, and an attitude that will ensure they will always ascend.

The Sixth Form has a dedicated and specialist team of staff who challenge themselves and their students to provide the most effective teaching and learning experience. We strive to provide a wide range of opportunities for all students both within the Sixth Form curriculum and within a unique enrichment programme to support their holistic development.

We feel it is fundamental that we prepare our students for life after Astrea Academy Woodfields. We encourage students to take responsibility for their own learning and support them to overcome challenges to achieve their goals and be the best they can be. Our team consistently encourages and motivates students to develop a thirst for learning and understanding, and to acquire the knowledge to lead and support others to live a positive, healthy, active lifestyle whilst at Astrea Woodfields and in their adult lives.

Sixth Form students will leave the Academy having developed key skills to fully equip them for life beyond level 3 study, with exceptional character and dispositions to flourish in the world of work.

### Key Stage 5 curriculum

We are at a very exciting stage of building and developing a curriculum offer in Woodfields Sixth Form, which focuses on the vocational education route, providing our students with the opportunity to gain hands on experience within their chosen subject area, developing skills and knowledge that employers want, ultimately increasing their employability and the likelihood of securing a job on completion of their level 3 studies. Alongside our firmly established and very successful programmes in level 3 BTEC Sport and level 3 BTEC Sport and Exercise Science our curriculum offer for September 2020 now also includes:

- ★ Level 3 BTEC Extended Diploma in Health and Social Care
- ★ Level 3 BTEC Extended Certificate in Applied Science
- ★ Level 2 BTEC Technical Diploma in Sport and Activity Leaders
- ★ Extended Qualification Project (EPQ)

### Sixth Form Staff

- ★ Head of Sixth Form and Lead Teacher of Level 3 BTEC Health and Social Care – Miss J Bain
- ★ Lead Teacher and Internal Verifier for Level 3 BTEC Sport and Exercise Science – Mr J Gittins
- ★ Lead Teacher for Level 3 BTEC Sport and Head of PE department – Mr S McClune
- ★ Lead Teacher for Level 3 BTEC Extended Certificate in Applied Science – Miss L Owens
- ★ Lead Teacher for Level 2 BTEC Technical Diploma in Sport and Activity Leaders – Mr L Sadler
- ★ Head of Football – Mr D Milligan
- ★ Head of Sports Medicine – Mr R McGowan.



## Why are BTECs so successful?

BTECs embody a fundamentally learner-centred approach to the curriculum, with a flexible, unit-based structure and knowledge applied in project-based assessments. They focus on the holistic development of the practical, interpersonal and thinking skills required to be able to succeed in employment and higher education. BTEC qualifications have been created alongside many employers, higher education providers, colleges and schools to ensure they meet the needs of the students and various progression routes. Employers are looking for recruits with a thorough grounding in the latest industry requirements and work-ready skills such as teamwork. Higher education needs students who have experience of research, extended writing and meeting deadlines. Therefore, the various BTEC qualifications on offer at Astrea Academy Woodfields Sixth Form, perfectly prepares students for various pathways on completion of level 3 study.

## Level 3 BTEC Extended Diploma in Sport

The sport qualification provides directed study in the following areas:

- ★ Skill Acquisition in Sport
- ★ Coaching for Performance
- ★ Development and provision of Sport and Physical Activity
- ★ Work experience in active leisure
- ★ Sports event organisation
- ★ Investigating business in the sport and active leisure industry
- ★ Practical sports performance
- ★ Anatomy and physiology
- ★ Fitness training and programming
- ★ Professional develop in Sport
- ★ Research Methods in Sport
- ★ Sports Leadership
- ★ Sports injury management

This specification perfectly prepares students for university study, particularly in the areas of PE teaching, Sports Coaching, Active Leadership, Performance Analysis, Sport Administration and Leisure Operations and Management.

## Level 3 BTEC Extended Diploma in Sport and Exercise Science

The Sport and Exercise Science qualification provides directed study in the following areas:

- ★ Physical Activity for individual and Group Based Exercise
- ★ Sports Massage
- ★ Sports Injury and Assessment
- ★ Specialised Fitness Training
- ★ Field and Laboratory -based Fitness Testing
- ★ Sport and Exercise Physiology
- ★ Functional Anatomy
- ★ Biomechanics in Sport and Exercise Science
- ★ Coaching for Performance and Fitness
- ★ Sociocultural Issues in Sport and Exercise Science
- ★ Applied Research Methods in Sport and Exercise Science
- ★ Applied Sport and Exercise Psychology
- ★ Nutrition for Sport and Exercise Performance

This specification perfectly prepares students for university study, particularly in the areas of Physiotherapy, Sports Rehabilitation, Sports Therapy and Sports Nutrition.



### **Level 3 BTEC Extended Diploma in Health and Social Care**

The Health and Social Care qualification provides directed study in the following areas:

- ✦ Human lifespan development
- ✦ Working in health and social care
- ✦ Meeting individual care and support needs
- ✦ Principles of safe practice in health and social care
- ✦ Caring for individuals with dementia
- ✦ Assessing children's development and support needs
- ✦ Understanding mental wellbeing
- ✦ Supporting individuals with additional needs
- ✦ Anatomy and Physiology for health and social care
- ✦ Enquiries into current research in health and social care
- ✦ Work experience in health and social care
- ✦ Promoting public health
- ✦ Nutritional health

This specification perfectly prepares students for university study, particularly in the areas of Health, Social Care and mental wellbeing, leading in to a variety of career pathways including, Adult Nurse, Care Worker, Community Development Worker, Counsellor, Health Promotion Specialist, Occupational Therapist, Social Worker and Youth Work.

### **Level 3 BTEC Extended Diploma in Art and Design**

The Art and Design qualification provides directed study in the following areas:

- ✦ Visual Recording and Communication
- ✦ Critical and Contextual Studies in Art and Design
- ✦ The Creative Process
- ✦ Materials, Techniques and Processes in Art and Design
- ✦ Developing an Art and Design Portfolio
- ✦ Managing a Client Brief
- ✦ Developing and Realising Creative Intentions
- ✦ Textiles Materials, Techniques and Processes
- ✦ Fashion Materials, Techniques and Processes
- ✦ Fine Art Materials, Techniques and Processes
- ✦ Graphics Materials, Techniques and Processes
- ✦ Photographic Materials, Techniques and Processes
- ✦ Professional Practice in Art and Design

The BTEC Art and Design qualification is designed for students who want to study art and design related degree courses at higher education.

### **Level 3 BTEC Extended Certificate in Psychology**

The Psychology qualification provides directed study in the following areas:

- ✦ Criminal and Forensic Psychology
- ✦ Promoting Children's Psychological Development
- ✦ Introduction to Psychopathology
- ✦ Applied Sports Psychology

This qualification should be studied alongside one of the other level 3 qualifications BTEC Applied Psychology can prepare students for careers and degree courses in occupational health, child psychology and sport psychology.



### **Level 3 BTEC Extended Certificate in Performing Arts (Dance specialism)**

The Performing Arts qualification, with a specialism in Dance, provides directed study in the following areas:

- ★ Investigating Practitioners work
- ★ Developing skills and techniques for live performance
- ★ Group performance workshop

Alongside these modules, students with a Dance specialism will study Dance related modules, such as:

- ★ Classical Ballet Technique
- ★ Contemporary dance technique
- ★ Street Dance Technique
- ★ Choreography for live performance

BTEC Performing Arts, coupled with the other level 3 BTEC qualifications can prepare students for careers and degree courses in Dance. It can prepare learners for a range of Apprenticeships in performance-related areas. When taken alongside further Level 3 qualifications, it supports access to a range of higher education courses in the performing arts sector.

### **Level 3 BTEC Extended Certificate in Performing Arts (Drama specialism)**

The Performing Arts qualification, with a specialism in Drama, provides directed study in the following areas:

- ★ Investigating Practitioners work
- ★ Developing Skills and Techniques for Live Performance
- ★ Group Performance Workshop

Alongside these modules, students with a Drama specialism will study Drama related modules, such as:

- ★ Theatre Directing
- ★ Acting Styles
- ★ Screen Acting
- ★ Physical Theatre Techniques

BTEC Performing Arts, coupled with the other level 3 BTEC qualifications can prepare students for careers and degree courses in Acting. It can prepare learners for a range of Apprenticeships in performance-related areas. When taken alongside further Level 3 qualifications, it supports access to a range of higher education courses in the performing arts sector.



### **Level 3 BTEC Extended Certificate in Applied Science**

The Applied Science qualification provides directed study in the following areas:

- ✦ Principles and application of science
- ✦ Practical scientific procedures and techniques
- ✦ Scientific investigation skills

And optional units in 2 of the following study areas:

- ✦ Physiology of human body systems
- ✦ Human regulation and reproduction
- ✦ Biological Molecules and Metabolic Pathways
- ✦ Genetics and Genetic Engineering
- ✦ Diseases and Infections
- ✦ Applications of Inorganic Chemistry
- ✦ Applications of Organic Chemistry
- ✦ Electrical Circuits and their Application
- ✦ Astronomy and Space Science

This qualification should be studied alongside one of the other level 3 qualifications, and perfectly prepares students for university study, particularly in the areas of science, health and the human body.

### **Level 2 BTEC Technical Diploma in Sport and Activity Leaders**

The Sport and Activity Leaders qualification provides directed study in the following areas:

- ✦ Leading sport safely and effectively
- ✦ Working in sport and activity leadership
- ✦ Leading sport and physical activity
- ✦ Coaching sport
- ✦ Developing skills for sport and activity leadership
- ✦ Leading different groups
- ✦ Delivering a sports activity event

This qualification is in place to support learners who are needing to resit English and Maths and those who have not met the entry requirements for level 3 study. This specification perfectly prepares for students for progression on to level 3 study, on successful completion of this level 2 qualification.

**More information is available at [www.qualifications.pearson.com](http://www.qualifications.pearson.com)**

### **Optional qualifications**

All students studying in Astrea Academy Woodfields Sixth Form have the opportunity to study any of the following optional qualifications, in order to enhance experiences and students' C.V.

- ✦ Level 4 Diploma Sports Massage Therapy
- ✦ Level 3 Certificate in Personal Training
- ✦ Level 3 Diploma in Exercise Referral
- ✦ Level 3 Diploma in Sports Massage Therapy
- ✦ Level 2 Certificate in Gym Instructing
- ✦ Level 2 (GCSE) Re-sits in English Language and Mathematics
- ✦ Emergency First Aid at Work



## **The EPQ is the Extended Project Qualification.**

This is an additional qualification that you can take alongside level 3 Sixth Form studies. It helps to develop research skills, time management and whole host of other key skills that could be very useful at university. The EPQ consists of a 5000 word report on a subject of the student's choosing. The EPQ is also worth valuable UCAS points.

The EPQ will help students to:

- ★ Take responsibility for a project or individual task within a project;
- ★ Develop and improve their own learning and performance as critical, reflective and independent students;
- ★ Develop and apply decision-making and problem solving skills;
- ★ Develop planning, research, critical thinking evaluation and presentation skills;
- ★ Use their learning experiences to support your aspirations for higher education and/or career development.

## **Personal and Professional Development:**

Woodfields Sixth Form students have personal development time purposely built in to their timetable, to help them to further enhance their studies and continue their own personal and professional development. During this time, students will:

- ★ Develop knowledge on how to build confidence, set goals and have a growth mind-set.
- ★ Work with younger students, helping them with literacy and numeracy to demonstrate your team-work skills.
- ★ Develop study skills, such as time management and organisation to help you succeed in Sixth Form and beyond
- ★ Learn new skills and knowledge within specific subject areas which link to your Post 18 pathway
- ★ Develop communication and presentation skills to fully equip you for life after Woodfields.

## **Careers and Finance Development**

At Astrea Academy Woodfields we pride ourselves on delivering a detailed programme within students' weekly timetable, that is focused on student's pathways on completion of their studies. These sessions provide detailed discussions with expert staff, to perfectly prepare students for life beyond Woodfields Sixth Form, ensuring they get the right support when making extremely important decisions about their future. During these sessions, students will:

- ★ Visit colleges and universities to explore Post-18 study routes.
- ★ Visit employers to explore Post-18 training routes.
- ★ Have the opportunity for work experience in Year 12.
- ★ Have advice and guidance on CVs, writing applications and personal statements; interview skills.
- ★ Develop your 'soft skills' e.g. communication skills, problem-solving skills etc.
- ★ Have the opportunity to complete additional training and qualifications in a variety of areas linked to your career pathway
- ★ Create links and partnerships with organisations linked to your Post 18 pathway
- ★ Developed knowledge and understanding of managing your personal finances and how to budget



## Enrichment programme

At Astrea Academy Woodfield's Sixth Form, we value the importance of developing our young adults in to valuable, productive and professional members of society. Students will not only gain qualifications in our Sixth Form, but they will also participate in an extensive enrichment programme, designed to fully support students' experiences and opportunities within their chosen qualification route.

Built in to the student's timetables, they will experience:

- ★ A structured programme of high quality coaching and mentoring to improve performance as an Athlete.
- ★ An advanced fitness programme and regular monitoring and evaluation sessions, to challenge students to achieve personal goals.
- ★ The opportunity as aspiring Athletes, Sports Therapists and Coaches to improve the quality of their performance and reach their optimum potential, through working in primary and secondary school and within the local community.
- ★ The opportunity to take part in additional qualifications and gain experience in areas linked to their chosen progression route on completion of Sixth Form study.
- ★ Work placements linked to their chosen qualifications to enhance their experiences within the specific sectors.
- ★ Further develop professional key skills to support their study and life beyond Sixth Form, by building relationships with students, staff and other appropriate people from Astrea Academy Trust and within local businesses and the local community.

## Resources and Facilities

Astrea Academy Woodfields Sixth Form has access to superb facilities including a Sports Hall, Gymnasium, Fitness suite, Dance studio, MUGA, State of the art 4G alongside 5 football pitches and a rugby pitch. The Sixth Form has a separate, designated building where students complete their level 3 studies. Alongside the teaching rooms, this also includes a small assembly hall, a cafeteria and social area, a study area and computer suit, a sports therapy treatment and massage room and designated changing facilities.

**For Further information regarding the current curriculum offer, our enrichment programme and the careers guidance and personal development programmes within our Sixth Form, please download the Sixth Form Prospectus.**