

ASTREA ACADEMY

WOODFIELDS

SIXTH FORM

PROSPECTUS



#ALWAYSASCENDING

ASTREA ACADEMY

WOODFIELDS

SIXTH FORM?

As Head of Sixth Form it is my pleasure to welcome you to Astrea Academy Woodfields Sixth Form – home to confident, successful students forging independent futures.

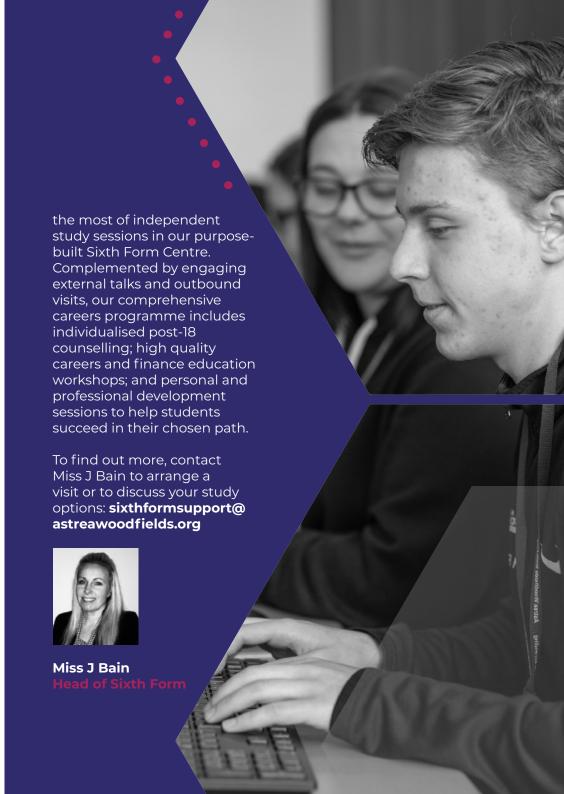
With small classes and tailored support, we help every student to realise their potential and we achieve excellent results. For the past two years, 100% of our students completing a Level 3 BTEC Extended Diploma in Sport achieved a minimum grade of DDD (equivalent to three A-Level grade As).

Our cohesive vocational curriculum offers students flexibility and choice - to specialise in one subject or study a combination, with a range of qualification sizes available. Qualifications in Sport, Psychology, Health and Applied Science can by complemented by creative options including Design and Technology or Performing Arts. We also

offer the Extended Project Qualification (EPQ) for students keen to widen their studies.

Our strong results are underpinned by outstanding pastoral care. Many students choose to stay at Woodfields after year 11, benefiting from the stability of a familiar school setting when they join Sixth Form. Others start here afresh, and quickly settle into Woodfields life with the support of our friendly and dedicated team of tutors. Students are given opportunities to develop their leadership skills as senior members of the school, through guidance and mentoring to younger pupils.

Woodfields Sixth Formers leave us equipped with the skills needed to be successful in their next stage of study, training or work. We instil self-discipline and focus early on, so that students are able to set ambitious goals and make



Key reasons for considering our Sixth Form:

- ★ The average grade for student's studying Sport and Exercise Science in 2019 was 3 Distinctions (the equivalent to 3 A grades at A level)
- The average grade for student's studying Sport in 2019 was Distinction, Distinction, Merit (the equivalent to 2 A grades and a C grade at A level)
- Specialist and experienced staff that deliver the vocational and pastoral curriculum as well as offering additional courses and qualifications through our enrichment programme
- A tailored pastoral curriculum of lessons and workshops in two programmes: Personal and Professional Development (PPD) and Careers and Finance Education (CFE) designed to support students into higher education or employment

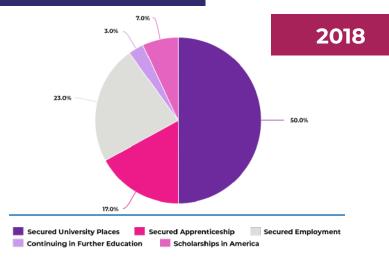
ASTREA ACADEMY

- A tailored vocational curriculum of BTEC qualifications with flexible sizes equivalent to 1, 2 or 3 A-Levels allowing students to flex between qualifications
- Opportunities to work with local businesses and the local community in Personal and Professional Development (PPD)
- Comprehensive and independent careers advice and guidance from our partners on all post-18 routes into education and employment.

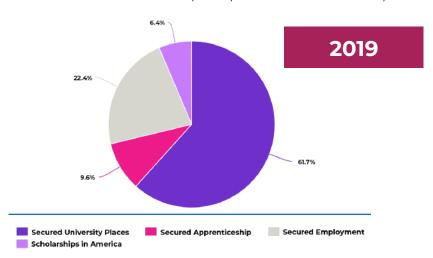


SIXTH FORM

OUTCOMES



- 100% of students completed their studies and went into further or higher education or employment-based training
- 100% of our students completed the BTEC Sport course achieving a minimum of DDD 3 Distinctions (the equivalent to AAA at A level)



100% of students completed their studies and went into further or higher education or employment-based training

ENTRY REQUIREMENTS

- The standard entry requirements 💥 Students who achieve an for our Sixth Form are a Grade 4 or above in GCSE English Language and Mathematics and an average point score (APS) of 4.0 from GCSE/BTEC qualifications.
- Students who achieve a Grade 3 in English Language and/or Mathematics may be able to join our Sixth Form and resit these qualifications.
- average point score (APS) of 3.0-3.9 may also be able to join our Sixth Form.
- All applicants are encouraged to discuss predicted grades and specific information related to their individual application, with the Sixth Form team
- ¥ For more information or to discuss your application please contact the main school reception on **01302 312140** or email i.bain@astreawoodfields. org

APPLY NOW!

Students can apply throughout the academic year. However, it is advised to apply as early as possible to register their interest on the specific courses and qualifications that are offered at Astrea Academy Woodfields Sixth Form.

Application forms can be downloaded from the school website www.astreawoodfields. org and then emailed directly to the Head of Sixth Form j.bain@astreawoodfields.org

APPLICATION PROCESS

- On receipt of the application, students will be invited to an interview to discuss their application further.
- * Following a successful interview, students will receive an individual offer letter based on the interview and application process.



STUDY OPTIONS



SUBJECT:

SPORT LEADERS

FULL COURSE TITLE:

Level 2 BTEC Technical Diploma in Sport and Activity Leaders

EXAM BOARD:

Edexcel

Overview of the course:

This Level 2 Technical Diploma includes 7 units, 2 of which as externally assessed. The main body of this qualification is coursework assessed, through activities such as presentations, planning and delivery of sporting events and practical assessments. This qualification relates directly to the skills, knowledge and behaviours expected by employers in the leisure sector of a sport and activity leader. The areas covered include:

- ★ Working in sport and activity leadership
- Leading sport and activity safely and effectively
- Leading sport and physical activity
- Coaching sport
- Developing skills for sport and activity leadership
- ★ Delivering a sports event.

Progression routes:

Achieving this qualification will give learners an advantage when applying for sport and activity leadership roles. It will also support progression to apprenticeships in sport and leisure. When studied as part of a full study programme, typically alongside maths or English, this qualification also gives learners a sound basis to progress further in the sport sector to a Level 3 qualification such as a BTEC Level 3 Extended Diploma in Sport or Sport and Exercise Science.

SUBJECT:

SPORT

FULL COURSE TITLE: Level 3 BTEC National in Sport (up to Extended Diploma)

EXAM BOARD:

Edexcel

Overview of the course:

The Extended Diploma includes 13 units, 4 of which are external examinations. The main body of this qualification is coursework based, where students will be assessed through various activities such as work placements, practical assessments and presentations. This course covers a range of Sporting topics such as:

- K Skill acquisition in sport
- Coaching for performance
- Development and provision of sport and physical activity
- Work experience in active leisure
- Sports event organisation
- ★ Investigating business in the sport and active leisure industry
- Practical sports performance
- Anatomy and physiology
- 🛊 Fitness training and programming
- Professional develop in sport
- Research methods in sport
- Sports leadership
- * Sports injury management

Progression routes:

This specification perfectly prepares students for university study, particularly in the areas of PE teaching, Sports Coaching, Active Leadership, Performance Analysis, Sport Administration and Leisure Operations and Management, as well as supporting them gaining full time employment and apprenticeships within the sports sector.

SUBJECT:

SPORT AND EXERCISE SCIENCE

FULL COURSE TITLE: Level 3 BTEC National in Sport and Exercise Science (up to Extended Diploma)

EXAM BOARD:

Edexcel

Overview of the course:

The Extended Diploma includes 13 units, 4 of which are external examinations. The main body of this qualification is coursework based, where students will be assessed through various activities such as work placements, practical assessments and presentations. This course covers a range of Sports Science topics such as:

- Physical activity for individual and group based exercise
- ★ Sports massage
- Sports injury and assessment
- Specialised fitness training
- ★ Field and laboratory-based fitness testing
- Sport and exercise physiology
- ★ Functional anatomy
- ★ Biomechanics in sport and exercise science
- Coaching for performance and fitness
- Sociocultural issues in sport and exercise science
- Applied research methods in sport and exercise science
- Applied sport and exercise psychology
- ★ Nutrition for sport and exercise performance

Progression routes:

This specification perfectly prepares students for university study, particularly in the areas of Physiotherapy, Sports Rehabilitation, Sports Therapy and Sports Nutrition, as well as employment and apprenticeship based routes in Fitness and Exercise and Massage.



SUBJECT:

HEALTH AND SOCIAL CARE

FULL COURSE TITLE: Level 3 BTEC National in Health and Social Care (up to Extended Diploma)

EXAM BOARD:

Edexcel

Overview of the course:

The Extended Diploma includes 13 units, 4 of which are external examinations. The main body of this qualification is coursework based, where students will be assessed through various activities such as work placements, event planning and organisation, and presentations. This course covers a range of Health and Social care topics such as:

- Human lifespan development
- ★ Working in health social care
- 🛊 Anatomy and physiology of health and social care
- 🛊 Enquiries in to current research in health and social care
- Meeting individual care and support needs
- 🙀 Work experience in health and social care
- ★ Principles of safe practice in health and social care
- Promoting public health
- Psychological perspectives
- Physiological disorders and their care
- Understanding mental well-being
- ĸ Caring for individuals with dementia
- * Complimentary therapies for health and social care

Progression routes:

This specification perfectly prepares students who wish to progress to a Health-related degree, as well as supporting employability within the Care services of the elderly, children or young people, terminally ill clients, individuals with mental health and people with learning difficulties.



APPLIED SCIENCE

FULL COURSE TITLE: Level 3 BTEC National in Applied Science

EXAM BOARD:

Edexcel

Overview of the course:

The Extended Certificate will accompany other level 3 subjects, due to the size of the qualification. Applied Science includes 4 units, 2 of which are externally assessed. The additional units will be assessed through coursework and experiment based tasks. This course covers a range of Scientific topics such as:

- Principles and applications of science
- Practical scientific procedures and techniques
- Science investigation skills
- ★ Physiology of human body systems

Progression routes:

BTEC applied science, coupled with the other level 3 BTEC qualifications, can prepare students for careers and degree courses in health, sport, fitness, and sport and exercise science.





SUBJECT: ART AND DESIGN

Level 3 BTEC National in Art and Design

EXAM BOARD: Pearson

Overview of the course:

The Extended Diploma includes 13 units, 4 of which are externally assessed. Students will gain knowledge and understanding of visual communication and the creative process to develop their creative voice. Students will develop an understanding of the importance and influence of the work of artists and designers to develop and realise their creative intentions. The course covers a range of Art and Design topics, such as:

- ★ Visual recording and communication
- Critical and contextual studies in art and design
- ★ The creative process
- ★ Materials, techniques and processes in art and design
- Developing an art and design portfolio
- ĸ Managing a client brief
- ★ Developing and realising creative intentions
- Textiles materials, techniques and processes
- Fashion materials, techniques and processes
- Fine art materials, techniques and processes
- Graphics materials, techniques and processes
- ★ Photographic materials, techniques and processes
- 🛊 Professional practice in art and design

Progression routes:

BTEC Art and Design is designed for students who want to study art and design related degree courses at higher education.

SUBJECT: PSYCHOLOGY

Level 3 BTEC National in Psychology

EXAM BOARD: Pearson

Overview of the course:

The Extended Certificate will accompany other level 3 subjects, due to the size of the qualification. Psychology consists of 4 units, 2 of which are externally assessed. The additional units will be assessed through coursework based tasks. The course covers a range of Psychology topics, such as:

- Criminal and forensic psychology
- Promoting children's psychological development
- Introduction to psychopathology
- 🛊 Applied sports psychology

Progression routes:

BTEC Applied Psychology, coupled with the other level 3 BTEC qualifications can prepare students for careers and degree courses in occupational health, child psychology and sport psychology.





SUBJECT: PERFORMING ARTS

(Dance Specialism)

Level 3 BTEC National in Performing Arts

EXAM BOARD: Pearson

Overview of the course:

This size of qualification allows learners to study related and complementary qualifications alongside it, without duplication of content. The Extended Certificate will accompany other level 3 subjects, due to the size of the qualification. Performing Arts consists of 4 units, 2 of which are externally assessed. The additional units will be assessed through coursework and performance based activities. The course covers a range of Performing Arts topics, such as:

- ★ Investigating practitioners work
- Developing skills and techniques for live performance
- ★ Group performance workshop

Alongside these modules, students with a Dance specialism will study Dance related modules, such as:

- ★ Classical ballet technique
- \chi Contemporary dance technique
- Street dance technique
- * Choreography for live performance

Progression routes:

BTEC Performing Arts, coupled with the other level 3 BTEC qualifications can prepare students for careers and degree courses in Dance. It can prepare learners for a range of Apprenticeships in performance-related areas. When taken alongside further Level 3 qualifications, it supports access to a range of higher education courses in the Performing Arts sector.

SUBJECT: PERFORMING ARTS

(Drama Specialism)

FULL COURSE Level 3 BTEC National in Performing Arts

EXAM BOARD: Pearson

Overview of the course:

The Extended Certificate will accompany other level 3 subjects, due to the size of the qualification. Performing Arts consists of 4 units, 2 of which are externally assessed. The additional units will be assessed through coursework based tasks. The course covers a range of Performing Arts topics, such as:

- ★ Investigating practitioners work
- Developing skills and techniques for live performance
- ★ Group performance workshop

Alongside these modules, students with a Drama specialism will study Drama related modules, such as:

- ★ Theatre directing
- * Acting styles
- Screen acting
- Physical theatre techniques

Progression routes:

BTEC Performing Arts, coupled with the other level 3 BTEC qualifications can prepare students for careers and degree courses in Acting. It can prepare learners for a range of Apprenticeships in performance-related areas. When taken alongside further Level 3 qualifications, it supports access to a range of higher education courses in the Performing Arts sector.





FACTS ABOUT

BTECs

FOUR REASONS WHY YOU SHOULD STUDY A BTEC

UNIVERSITY PROGRESSION

After 33 years of success, BTECs have built a sterling reputation. More and more students are applying to universities with BTECs. which is clear sign that institutions have recognised the value of a BTEC qualification.

CAREER PROGRESSION

Employers value BTEC qualifications as courses are usually industry-directed. in other words they give students industry-specific knowledge and skills which makes them readily employable. Courses are developed by professional bodies and higher education experts, which quarantees that a BTEC-qualified candidate will demonstrate the right standards of knowledge and practical skills for the role.

EMPLOYABILITY

BTECs prepare students for employment; courses can develop a student's employability skills as they offer the experience of real-life practical tasks and work placements. BTEC qualifications are generally well-regarded by employers as the courses enable students to develop useful hands-on skills such as time management, communication, problem solving and planning.

PRACTICAL ASSESSMENTS

BTECs are more practical qualifications with a focus on flexible learning and independence, which appeals to those who find traditional teaching methods and exams difficult. The assessment for BTECs is largely based on regular coursework and work experience, which makes them an ideal option for those who crumble under the pressure of exams.



YVAN ZAHUI

Personal Trainer and former BTFC Sport and Exercise Student

They're designed with the help of teachers, employers and universities. This keeps the BTEC curriculum relevant for today's job market - it's the qualification you should have on your CV.



The EPQ is the Extended Project Certificate. The EPQ is offered as an optional qualification for students to complete and on completion is worth up to 28 UCAS points. Students will:

> ★ Take responsibility for a project or individual task within a project

- ★ Develop and improve their own learning and performance as critical, reflective and independent students
- Develop and apply decision making and problem solving skills
- ★ Develop planning, research, critical thinking evaluation and presentation skills
- ★ Use their learning experiences to support their aspirations for higher education and/or career development.

BTEC
was the
perfect
course for
me because
it directly
related to
what I wanted
to do at university
and what I
wanted to do
in the future.

PETER JONES CBE

Founder, Peter Jones
• Enterprise Academy

ENRICHMENT PROGRAMMES

CAREERS AND FINANCE EDUCATION

During Careers Development time students will:

- ★ Visit colleges and universities to explore Post-18 study routes
- ★ Visit employers to explore Post-18 training routes
- ★ Have the opportunity for work experience in Year 12
- ★ Have advice and guidance on CVs, writing applications and personal statements; interview skills
- Develop 'soft skills' e.g. communication skills, problem-solving skills etc
- ★ Have the opportunity to complete additional training and qualifications in a variety of areas linked to career pathways
- Create links and partnerships with organisations linked to their Post-18 pathway.

PERSONAL AND PROFESSIONAL DEVELOPMENT

During Personal Development time students will:

- Work towards a leadership qualification to demonstrate leadership skills
- ★ Work with younger students, helping them with literacy and numeracy to demonstrate team-work skills
- Develop study skills, such as time management and organisation to help them succeed in Post-16 and beyond
- Learn new skills and knowledge within specific subject areas which link to their Post-18 pathway
- Develop communication and presentation skills to fully equip them for life after Woodfields.

ENRICHMENT PROGRAMME FOOTBALL

This enrichment programme provides male student-athletes between the ages of 16-19, the opportunity to combine their studies with playing in an elite football programme.

We are one of the few education establishment academy teams in the country to offer our student-athletes a full-time football programme, where the student-athletes can train every day.

The team compete in the highest division of Academy Football in the English CFA Elite Category 1, also participating in the ECFA Colleges Cup, English Schools National Cup, District and County FA leagues and Cup.

Since 2008, the Sixth Form football enrichment programme has been one of the most successful and reputable in the country, having won competitions locally and nationally in recent years.

STUDENT- ATHLETES RECEIVE:

- 🛊 Full pre-season programme starting in August
- ★ Schedule of 8+ hours of practical football sessions and the opportunity to play/train every day.
- ★ Training sessions led by full time UEFA 'A' licensed coaches on the academy's 4G surface or on one of the 7 grass football pitches on site.
- * Access to personalised strength and conditioning programme and group sessions in our new onsite gym
- * Competitive fixture schedule competing across the country
- ★ Football fixtures filmed for analysis, tactical and promotional purposes
- Football fixtures analysed by professional college partners, with discussions and reviews of performances in group and individual sessions with student-athletes
- Nonsite sports medicine and injury rehabilitation clinic with fully qualified sports therapist members of staff.
- ★ USA university scholarship partner to provide opportunities for student-athletes to go onto further education abroad whilst still participating in an elite football programme
- ★ Bi annual Sports tour (recent destinations include Barcelona, Madrid and New York)



ENRICHMENT PROGRAMME SPORTS MEDICINE

Sports Medicine learners will complete a number of qualifications related to personal training, sports therapy, physiotherapy, sports rehabilitation and sports massage.

Learners undertake a two-year work experience placement, working directly with the NHS, Astrea Academy Woodfields Football Teams, and our very own graduate sports therapist, gaining hands-on experience in the treatment, management and rehabilitation of athletes and their injuries.

The Sports Medicine Academy has developed a great working relationship with The Gym Group in Doncaster to help fulfil the needs of the fitness based qualifications. This link enables the sports medicine learners to work in a realistic gym environment with potential exit routes for employment as a personal trainer for The Gym Group.

SPORTS MEDICINE STUDENTS RECEIVE ACCESS TO THE FOLLOWING EVENTS, ADDITIONAL QUALIFICATIONS AND WORKSHOPS:

- 🖊 Level 4 Diploma Sports Massage Therapy
- Level 3 Certificate in Personal Training
- ★ Level 3 Diploma in Exercise Referral
- 🖊 Level 3 Diploma in Sports Massage Therapy
- ★ Level 2 Certificate in Gym Instructing
- ★ Emergency First Aid at Work
- ★ Clinical Sports Medicine workshop
- 🖊 Sports Massage Therapy workshop.
- 🛊 Physiotherapy workshop
- ★ Personal Training workshop.
- ★ Barcelona Sports Medicine students have the opportunity to travel to Barcelona for 3 days to visit the Institut Guttman Neurorhabilitation centre and Camp Nou (Barcelona FC) in Barcelona to experience how medical professionals deal with patients with specific comprehensive rehabilitation of people with spinal cord injury, acquired brain injury or other neurological problems.

ENRICHMENT PROGRAMME COACHING AND TEACHING

The enrichment programme for Coaching and Teaching students, is perfectly designed to support students in gaining invaluable experience in the planning and delivery of sport and physical activity to students of varying ages, in both primary and secondary schools.

Students will work alongside experienced members of staff to support the development of key skills and qualities which are advantageous for students who are looking at a university degree or a career routed in coaching or teaching.

COACHING AND TEACHING STUDENTS WILL RECEIVE:

- ★ A designated PE mentor who will support and guide and support the enrichment programme
- ★ Individualised timetable to support the development of leadership skills across different year groups and sporting activities
- ★ Work with the School Games organiser to support the delivery of Sport within the local community and primary schools.
- ★ Work with Astrea Active to support the planning and delivery of local, regional and national competitions across the Academy Trust.
- ★ Specialised coaching and mentoring to develop confidence in leadership skills
- ★ Specialised training opportunities to develop subject knowledge in PE and school Sport
- ★ Opportunities to manage extra-curricular sports teams Support staff on school trips and visits
- ★ Professional analysis and feedback to support your continual professional development



ROLE OF HONOUR

ASTREA ACADEMY WOODFIELDS SIXTH FORM

ROLE OF HONOUR

SPORTS MEDICINE 2017-19

	ï			
Sports Medicine Qualification	Names of Students			
Active IQ / VTCT Level 4 Certificate in Sports Massage Therapy	Gabriel da Silva Joe Woods Nicole Spencer Ben Teale	Aaron Cantwell Charlotte Frisby Joe Woods Harry Dunbar	Jack Richards Macy Ramsay- Sowe Lauren Severn Amelia Bowser	
Active IQ / VTCT Level 3 Certificate in Personal Training	Harry Dunbar Gabriel da Silva	Muhamet Gashi Lauren Severn Joe Colclough	Dave Fairweather Ben Teale	
Active IQ Level 3 Diploma in Exercise Referral	Serena Nurse Gabriel da Silva Joe Woods Harry Dunbar	Macy Ramsay- Sowe Nicole Spencer Dave Fairweather Muhamet Gashi	Amelia Bowser Charlotte Frisby Lauren Severn Jack Richards	Aaron Cantwell Emily Riley Ben Teale Joe Colclough
Active IQ / VTCT Level 2 Certificate in Fitness Instructing	Aaron Cantwell Dave Fairweather Harry Dunbar Gabriel da Silva Joe Law	Lily Wishart Caren Callaghan Joseph Howe Amelia Bowser Muhamet Gashi	Jack Richards Emily Miles Olivia McAlpine Macy Ramsey- Sowe Charlotte Frisby	Joe Woods Emily Riley Ben Teale Lauren Severn Nicole Spencer
VTCT Level 3 Diploma in Massage Therapies for Sport	Serena Nurse Dave Fairweather Gabriel da Silva Joe Law	Macy Ramsay- Sowe Nicole Spencer Lily Wishart Caren Callaghan Joseph Howe	Charlotte Frisby Muhamet Gashi Joe Woods Harry Dunbar Emily Riley	Amelia Bowser Olivia McAlpine Ben Teale Lauren Severn Aaron Cantwell

FOOTBALL 2017-19

Season	Achievements		
2016-17	 → 3rd ECFA Men's elite category, premier league (1st team) → ESFA Men's schools cup semi finalists → ESFA Men's knockout trophy finalists → Doncaster School's cup champions and league champions → South Yorkshire cup winners 		
2017-18	 ECFA premier league – Category 1 group B champions ECFA premier league category 1 National play offs last 16 ECFA Yorkshire and Humberside region invitational 2A league runners up ECFA Yorkshire and Humberside invitational 3 league runners up ECFA National Men's knockout trophy champions Doncaster School's cup finalist and league champions South Yorkshire cup quarter finalists 		
2018-19	 ★ ECFA premier league – Category 1 secondary playoffs qualifications ★ ECFA premier league – Category 1 secondary playoffs last 16 ★ ECFA Yorkshire and Humberside region invitational 2A league runners up ★ ESFA Boy's under 18 elite schools and colleges cup finalists ★ Doncaster School's cup champions and league champions ★ South Yorkshire cup winners 		

A DAY IN THE LIFE

8.30am – We attend our
Apollo group session every
morning, where we follow
two pastoral programmes:
Personal and Professional
Development (PPD) and Careers
and Finance Education (CFE)



8.55am - I have a double period of my chosen BTEC qualification this morning.

10.55am [break] – we have our own social space called the Octagon in the Sixth Form Centre, so this is where we meet to have refreshments and relax. If we were feeling particularly energetic, we could use some of the gym equipment or other specialist spaces.

11.15am – Today this is a study period. We have a one-hour study period built in to our timetables each day, this allows us the chance to complete our coursework or exam revision, using the IT facility in the Sixth Form Centre. This also helps when we are doing group projects or presentations, as we have the opportunity to work together.

12.15pm [enrichment] –
This is where we can opt into a specialist area of the enrichment programme, which is linked to our potential career pathway. Today, the other Sports Medicine students and I are completing an additional qualification in Sports Massage Therapy. We are learning about how the body needs to be treated following injury and how it responds to the treatment of massage.

2pm – This is our second Enrichment session of the day. As I am also a member of the Football team, so I am attending Football training in this session. We can opt in to more than one enrichment programme, so you can broaden your experiences in a wide variety of activities. This is really great, as it helps us make more informed decisions

LEMN SISSAY

Reach for the top of the tree and you may get to the first branch but reach for the stars and you'll get to the top of the tree. after Sixth Form. I am preparing for the football fixture we have tomorrow, however, some of my friends are going to support in lessons with younger students in the main school, so that they gain experience of coaching and teaching in lessons.

3pm – This is officially the finishing time for Sixth Form, however very often we stay on site to use the IT suite to continue with coursework or exam revision, or we can use the gym equipment. We can also support extra curricular delivery.



Weston Road Balby Doncaster DN4 8ND

01302 312140 www.astreawoodfields.org/sixth-form

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