

PERSONAL DEVELOPMENT At Woodfields



Summer Newsletter

Assemblies this term

In this final term, scholars have had assemblies on:

- **Pride month** - developing knowledge around protected characteristics, Pride and its impact
- **Gypsy, Roma and Traveller history month** - explaining culture
- **Plastic free month** - importance of sustainability, how can we get involved and what is the impact of this?
- **RSE (Relationships and Sex Education)** - Linking to RSE day on 30th June and the importance of learning about relationships
- **Pathways and progression routes.** how can I contribute to Sports day
- **How will I keep myself safe this summer?** Road and water safety (click here to see the presentation: <https://tinyurl.com/3bnp32ev>)

June is PRIDE month. Why is it important that we celebrate it?



- Imagine walking down the street holding hands with the person you love.
- For most people, this is something they may do most days without giving it a second thought.
- But this isn't always the case, especially for people in the LGBTQ+ community.
- Being a gay man was a crime in the UK until 1967 and it wasn't until 2008 that it became illegal to encourage homophobic hatred.
- Same sex marriage became legal in England and Wales in 2013, and then in Scotland a year later. While this is obviously great progress, take another look at those dates.
- It was only ten years ago that it would have been illegal for a gay person to marry the person they loved. And it was only two years ago, in 2020, that it became legal in Northern Ireland.

There is **lots** to report about Personal Development this year at Astrea Academy Woodfields. We are really proud of the work that has been carried out and excited for more opportunities next year. In this academic year, we have:

- Re-launched our Apollo sessions to include more education around protected characteristics
- Launched our #itstopsnow campaigns. The first in spring focused on **Sexual Harassment** and the second in summer on **derogatory language**. There have also been further assemblies around **racism** as part of this campaign
- Trained student #itstopsnow ambassadors
- Introduced new Personal Development booklets in lessons on a range of topics including health and wellbeing, relationships, careers and citizenship.
- Extended our enrichment timetables and activities available for scholars at lunchtimes
- Held scholar voice groups and taken feedback on future #itstopnow and personal development themes our scholars want to see.



ASTREA ACADEMY WOODFIELDS		Name	
		Class	
		Apollo Group	

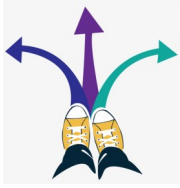


Year 10 – Personal Development



Wider World: Drugs, gangs and influences

KEY VOCABULARY LIST	
Ground Rules	Boundaries that a class sets at the start of a Personal Development lesson
County Lines	Transporting large drugs from one area to another, often across police and local authority boundaries, usually by children or vulnerable people who are coerced into it by gangs
Grooming	When someone builds a relationship, trust and emotional connection with a child or young person so they can manipulate, exploit and abuse them.
Organised Crime	Criminal activities that are planned and controlled by powerful groups and carried out on a large scale.
Joint Enterprise	If one or more people commit an offence and another/ others intended to encourage or assist them to commit the offence, they can be prosecuted as if they were a main offender.

Personal Development in 2023-24

Next academic year, in the autumn term all scholars in Year 7, 8 and 9 will have **1 lesson of Personal Development every week**. In Year 10 and Year 11, scholars will have **1 lesson of Personal Development every fortnight**. This will give all scholars sufficient time to learn about important topics such as consent, equality, mental health and other Personal Development themes. Autumn 1 curriculum (Sept-Oct) for Personal Development is shown below:

Year Group	Personal Development Topic
 <p>Year 7</p>	<p>Transition to secondary school: Managing emotions and personal safety in and outside school.</p> <p>Subtopic 1: Moving to secondary school</p> <p>Subtopic 2: Making Friends</p> <p>Subtopic 3: Staying safe in the community (Roads and Buses)</p> <p>Subtopic 4: Staying safe in the community (Rail and Water)</p> <p>Subtopic 5: A letter to myself</p> <p>British Values Subtopic: Respect</p>
 <p>Year 8</p>	<p>Drugs and Alcohol: Vaping, smoking, energy drinks, caffeine, alcohol, counter/ prescription drugs and county lines.</p> <p>Subtopic 1: Vaping and smoking</p> <p>Subtopic 2: Energy drinks and caffeine</p> <p>Subtopic 3: Alcohol</p> <p>Subtopic 4: Counter and prescription medication</p> <p>Subtopic 5: County Lines</p> <p>British Values Subtopic: Rule of Law</p>
 <p>Year 9</p>	<p>Peer influence, substance use and gangs: Healthy and unhealthy relationships, risky behaviours (ASB), substance misuse and gang exploitation</p> <p>Subtopic 1: Peer pressure</p> <p>Subtopic 2: Risky behaviours</p> <p>Subtopic 3: Gangs</p> <p>Subtopic 4: Staying safe</p> <p>Subtopic 5: Impact of knife crime</p> <p>British Values Subtopic: Individual Liberties</p>

Year Group	Personal Development Topic
 Year 10	<p>Mental Health: Looking after your emotional wellbeing, impact of drugs and alcohol, managing pressure and benefits of sleep.</p> <p>Subtopic 1: Managing challenges</p> <p>Subtopic 2: Recognising when to see help</p> <p>Subtopic 3: Change, loss and grief</p> <p>British Values Subtopic: Tolerance</p>
 Year 11	<p>Drugs and Alcohol: Vaping, smoking, energy drinks, caffeine, alcohol, counter/prescription drugs and county lines.</p> <p>Subtopic 1: Emotional wellbeing and stress</p> <p>Subtopic 2: Work-life balance</p> <p>Subtopic 3: Morrisby—Careers platform to look at future aspirations</p>

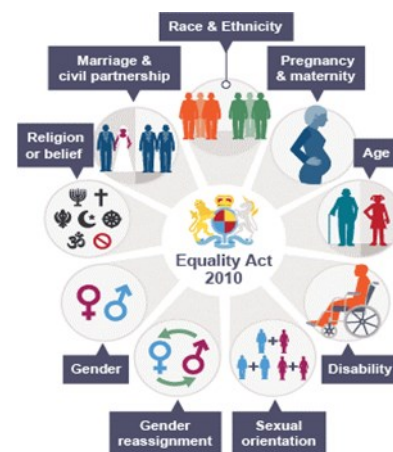
Within each topic scholars are taught about **British Values**, these include:

- Democracy
- Rule of Law
- Tolerance
- Respect
- Individual Liberties.



Scholars are also taught about

Protected Characteristics and the Equality Act



KEY DATES AND NOTICES

- In Autumn 1 (Sept-Oct) our first #itstopsnow theme will be **racism**

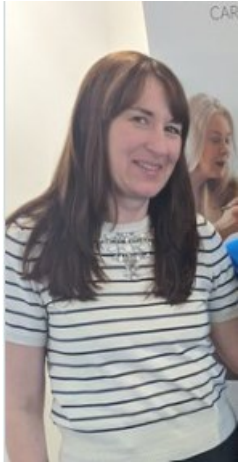
Key Events

- | | |
|---------------------|--------------------------------|
| 15 September | International Day of Democracy |
| October | Black History Month |
| 10 October | World Mental Health Day |



CAREERS EDUCATIONS INFORMATION AND GUIDANCE (CEIAG)

New AAW Careers Advisor—Liz Yoxall



Welcome to Careers at AAW! As the new careers adviser, I am pleased to be joining the team to support and empower all our scholars to make informed choices about what will be their next destination.

The world of work is changing all the time leaving our young people with a complex range of choices to negotiate following their secondary education. Careers at AAW is about more than sign posting to courses, sixth forms or apprenticeships. We are developing an impartial careers programme that will inform young people on all of the post 16 and post 18 options, how this choice can impact their future and encourage them to reflect on their personal strengths and interests and how they match to choices available. This will include information on academic and vocational routes, higher education and the world of work and the opportunity to interact with local employers, training providers and higher education institutions.

Careers activities coming up in the new academic year include:

- **All Year 11 and Year 13 pupils will receive at least 1 individual careers conversation with a qualified careers adviser**
- **Support for post 16, post 18 and apprenticeship applications**
- **Individual appointments are available on request to all other year groups**
- **In school events to meet with post 16 and post 18 providers**
- **The opportunity to work with local employers**

PD Parent and Carer Forum Sessions

On Thursday 14th September AAW will be hosting two sessions for parents and carers to come into the academy and discuss any matters relating to PD. Sessions will take place at 10am-11am and 4-5pm on this date. Parents and carers of scholars in all year groups are welcome to attend. To confirm your attendance of one of the sessions please contact Mr Sadler, Assistant Principal (luke.sadler@astreawoodfields.org).

Follow us @AAWoodfields

Please follow our very own Twitter account @AAWoodfields to see our recent highlights, including

- **Sporting achievements and results**
- **Student council updates**
- **Personal Development news**
- **Events and activities at Woodfields**

