

PE Practical Curriculum - 2023_24													
Sport Rotation			1	2	3	4	5	6		7	8		
			4 Weeks	4 Weeks	4 Weeks	2 Week	4 Weeks	4 Weeks	4 Weeks	1 Week	8 Week	3 Week	
Year 7			Date	11th Sept - 6th Oct	9th Oct - 10th Nov	13th Nov - 8th Dec	11th Dec - 22nd Dec	8th Jan - 2nd Feb	5th Feb - 8th March	11th March - 19th April	22nd April - 26th April	29th April - 28th June	1st July - 24th July
X1	SMC	Mixed		Badminton	Tramp & Gymnastics	Invasion	Fitness Testing (Recap)	Handball/Volleyball	Dance	Training Methods	Fitness Testing	Athletics (Roundnet)	Striking and Fielding
X2	LGE	Mixed		Handball	Badminton	Tramp & Gymnastics		Training Methods	Handball/Volleyball	Dance		Athletics (Roundnet)	Striking and Fielding
X3	JGI	Mixed		Tramp & Gymnastics	Invasion	Badminton		Dance	Training Methods	Handball/Volleyball		Athletics (Roundnet)	Striking and Fielding
Y1	BHA	Mixed		Badminton	Tramp & Gymnastics	Invasion		Handball/Volleyball	Dance	Training Methods		Athletics (Roundnet)	Striking and Fielding
Y2	LGE	Mixed		Handball	Badminton	Tramp & Gymnastics		Training Methods	Handball/Volleyball	Dance		Athletics (Roundnet)	Striking and Fielding
Y3	JGI	Mixed		Tramp & Gymnastics	Invasion	Badminton		Dance	Training Methods	Handball/Volleyball		Athletics (Roundnet)	Striking and Fielding
Festival						20th December Sport Festival 3-5pm			20th March Sport Festival 3-5pm			17th July Sport Festival 3-5pm	
Lunch Elective				Badminton				Handball/Basketball			Dodgeball/Roundnet		
Year 8			Date	4 Weeks	4 Weeks	4 Weeks	2 Week	5 Week	5 Week	5 Week	1 Week	5 Week	3 Week
			11th Sept - 6th Oct	9th Oct - 10th Nov	13th Nov - 8th Dec	11th Dec - 22nd Dec	8th Jan - 9th Feb	19th Feb - 22nd March	25th March - 10th May	13th May - 17th May	20th May - 28th June	1st July - 24th July	
X1	BHA	Mixed		Badminton	Tramp & Gymnastics	Invasion	Fitness Testing (Recap)	Handball/Volleyball	Dance	Training Methods	Fitness Testing	Athletics (Roundnet)	Striking and Fielding
X2	LGE	Mixed		Handball	Badminton	Tramp & Gymnastics		Training Methods	Handball/Volleyball	Dance		Athletics (Roundnet)	Striking and Fielding
X3	JGI	Mixed		Tramp & Gymnastics	Invasion	Badminton		Dance	Training Methods	Handball/Volleyball		Athletics (Roundnet)	Striking and Fielding
Y1	BHA	Mixed		Badminton	Tramp & Gymnastics	Invasion		Handball/Volleyball	Dance	Training Methods		Athletics (Roundnet)	Striking and Fielding
Y2	LGE	Mixed		Handball	Badminton	Tramp & Gymnastics		Training Methods	Handball/Volleyball	Dance		Athletics (Roundnet)	Striking and Fielding
Y3	JGI	Mixed		Tramp & Gymnastics	Invasion	Badminton		Dance	Training Methods	Handball/Volleyball		Athletics (Roundnet)	Striking and Fielding
Festival						20th December Sport Festival 3-5pm			20th March Sport Festival 3-5pm			17th July Sport Festival 3-5pm	
Lunch Elective				Badminton				Handball/Basketball			Dodgeball/Roundnet		
Year 9			Date	4 Weeks	4 Weeks	4 Weeks	2 Week	6 Week	6 Week	6 Week	1 Week	6 Week	
			11th Sept - 6th Oct	9th Oct - 10th Nov	13th Nov - 8th Dec	11th Dec - 22nd Dec	8th Jan - 23rd Feb	26th Feb - 19th April	22nd April - 7th June	10th June - 14th June	17th June - 24th July		
X1	SMC	BTEC		Badminton	Tramp & Gymnastics	Invasion	Fitness Testing (Recap)	Handball/Volleyball	Training Methods	Striking and Fielding	Fitness Testing	Athletics	
X2	LGE	BTEC		Handball	Badminton	Tramp & Gymnastics		Training Methods	Netball	Dance		Athletics / S&F	
X3	JGI	HAL		Tramp & Gymnastics	Invasion	Badminton		Handball/Volleyball	Table Tennis	Training Methods		Athletics / S&F	
Y1	SMC	Boys		Football/Rugby	Badminton	Tramp & Gymnastics		Training Methods	Handball/Volleyball	Striking and Fielding		Athletics	
Y2	LGE	Girls		Tramp & Gymnastics	Netball	Badminton		Dance	Training Methods	Handball/Volleyball		Athletics / S&F	
Festival								20th December Sport Festival 3-5pm				20th March Sport Festival 3-5pm	
Lunch Elective				Badminton				Handball/Basketball			Dodgeball/Roundnet		
Year 10			Date	4 Weeks	4 Weeks	4 Weeks	2 Week	4 Weeks	4 Weeks	4 Weeks	1 Week	4 Weeks	3 Weeks
			11th Sept - 6th Oct	9th Oct - 10th Nov	13th Nov - 8th Dec	11th Dec - 22nd Dec	8th Jan - 2nd Feb	5th Feb - 8th March	11th March - 19th April	22nd April - 26th April	29th April - 28th June	1st July - 24th July	
X1	BHA	Boys		Badminton	Invasion	Table Tennis	Fitness Testing (Recap)	Handball/Volleyball	Invasion	Training Methods	Fitness Testing	Athletics (Roundnet)	Striking and Fielding
X2	LGE	Girls		Badminton	Invasion	Aesthetics		Training Methods	Handball/Volleyball	Invasion		Athletics (Roundnet)	Striking and Fielding
X3	SMC	Boys		Aesthetics	Badminton	Invasion		Handball/Volleyball	Invasion	Training Methods		Athletics (Roundnet)	Striking and Fielding
Y1	JGI	Boys		Invasion	Aesthetics	Invasion		Training Methods	Handball Outside	Roundnet		Athletics	Striking and Fielding
Y2	LGE	Girls		Badminton	Invasion	Badminton		Invasion	Training Methods	Dance		Athletics (Roundnet)	Striking and Fielding
Festival								20th December Sport Festival 3-5pm				20th March Sport Festival 3-5pm	
Lunch Elective				Badminton				Handball/Basketball			Dodgeball/Roundnet		
Year 11			Date	3 week rotation for Year 11 Only			11th Dec - 22nd Dec	8th Jan - 9th Feb	19th Feb - 29th March	15th April - 24th May	3rd June - 24th July		
								HT3	HT4	HT5	HT6		
X1	SMC	T-Boys		Invasion - Trampolining - Badminton - Fitness Fitness - Invasion - Trampolining - Badminton Badminton - Fitness - Invasion - Trampolining Trampolining - Badminton - Fitness - Invasion			Fitness Testing (Recap)	Net/wall pathway, Aesthetic Pathway, Invasion Pathway, Alternate Pathway					
X2	LGE	T-Girls											
Y1	JGI	L - Boys											
Y2	BHA	L - Girls											
Lunch Elective				Badminton				Handball/Basketball			Dodgeball/Roundnet		

Qualification Curriculum - 2023_24						
Sport Rotation			1	2	3	4
Year 10 BTEC Sport			Half term	Half Term 2	Half term	Half term
BTEC	SMC	Practical	Volleyball	Badminton/Table Tennis	Warm Ups	C1_Task 4
Sport Rotation			1	2	3	4
Year 11 BTEC Sport			Half term	Half Term 2	Half term	Half term
BTEC	SMC	Practical	C2_Task 2 - Skills	C2_Task 4 - Leading	Fitness Testing/Training Methods	Training Plan
Festival				20th December Sport Festival 3-5pm		20th March Sport Festival 3-5pm
Lunch Elective			Badminton		Handball/Basketball	

Year 10 Clash with Year 9 but KS3 Curriculum is priority (W2 Thurs)
Clash will need to be a stand alone lesson (W2 Weds)
KS3 Curriculum will be followed in the event of a clash

Clash one every two weeks (W2 Thurs) - Must be different Sport to Year 9
Clash once every two weeks (W2 Weds) - Next two rotation for BHA need amending