

Physical Education



**ASTREA ACADEMY
WOODFIELDS**
IN LABORE AD ASTRA

Elective and Enrichment Program – Term 2 – Week Commencing 15th Jan 2024



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Weekday	Lunchtime Elective 13.00 – 13.20	Extra-Curricular Enrichment 15.10-16.00
Monday Elective – Scholars enter through Sports Hall fire exit door Enrichment - All Scholars to register at the Main Hall.	Handball All Scholars Welcome	Football – 4G – NGJ/JGI Duke of Edinburgh – LGE/SMC (Feb half term onwards)
Tuesday Elective – Scholars enter through Sports Hall fire exit door Enrichment - All Scholars to register at the Main Hall.	Handball All Scholars Welcome Young Leaders Elective – CDA/SMC	Basketball – Sports Hall – JBZ
Wednesday Elective – Scholars enter through Sports Hall fire exit door Enrichment - All Scholars to register at the Main Hall.	Handball – SMC/LGE All Scholars Welcome	Health Related Exercise – Sports Hall - SMC Dance – Gym - LGE
Thursday Elective – Scholars enter through Sports Hall fire exit door Enrichment - All Scholars to register at the Main Hall.	Handball All Scholars Welcome	BTEC Sport – Room 105 – SMC Dance – Gym - LGE
Friday Elective – Scholars enter through Sports Hall fire exit door Enrichment - All Scholars to register at the Main Hall.	Handball All Scholars Welcome	Futsal – Sports Hall – NGL (Alternate weeks)

Please note Scholars will be expected to get changed into Trainers for Lunchtime Elective and full PE Kit for Extra Curricular Enrichment Sport.